

CORE THEME	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community	
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
KEY STAGE ONE	Story Sessions: Handmade With Love (Kester's Adventures)	Session 1: I am Unique (Me)	Session 1: Feelings, Likes and Dislikes	Session 1: The Cycle of Life	Session 1: God Loves You	Session 1: Special People	Session 1: Being Safe	Session 1: Trinity House	Session 1: The Communities We Live In
		Session 2: Girls and Boys (My Body)	Session 2: Feeling Inside Out			Session 2: Treat Others Well...	Session 2: Good Secrets & Bad Secrets	Session 2: Who Is My Neighbour?	
		Session 3: Clean & Healthy (My Health)	Session 3: Super Susie Gets Angry			Session 3: ...and Say Sorry	Session 3: Physical Contact		
LOWER KEY STAGE TWO	Story Sessions: Designed for a Purpose (Kester's Adventures)	Session 1: We Don't Have To Be The Same	Session 1: What Am I Feeling?	Session 1 (Yr4+): Life Cycles	Story Sessions: Jesus, My Friend	Session 1: Friends, Family and Others	Session 1: Sharing Online	Session 1: Trinity House	Session 1: How Do I Love Others?
		Session 2: Respecting Our Bodies	Session 2: What Am I Looking At?			Session 2: When Things Feel Bad	Session 2: Chatting Online		
		Session 3 (Yr4+) What is Puberty?	Session 3: I Am Thankful!			Session 3: When Things Change (Will be uploaded for Sep 2020)	Session 3: Physical Contact		
	Session 1: The Sacraments	Session 4 (Yr4+) Changing Bodies	Session 5 (Yr4+) Discussion Groups - optional						
	Session 1: Gifts and Talents	Session 1: Body Image				Session 1: Making Babies (P1)	Session 1: Under Pressure	Session 1: Sharing Online	
UPPER KEY STAGE TWO	Story Sessions: Made to Grow (Kester's Adventures)	Session 2: Girls' Bodies	Session 2: Peculiar Feelings	Session 2: Making Babies (P2)	Session 1: Is God Calling You?	Session 2: Do You Want a Piece of Cake?	Session 2: Chatting Online	Session 2: Catholic Social Teaching	Session 1: Reaching Out
		Session 3: Boys' Bodies	Session 3: Emotional Changes	*Optional. See your Programme Coordinator		Session 3: Self-Talk	Session 3: Physical Contact		
		Session 4: Spots and Sleep	Session 4: Seeing Stuff Online	Session 3: Menstruation					